



Lifeboats

Fundraising Newsletter: **Summer 2015**
Exmouth Lifeboat Fundraising Team
www.exmouthlifeboat.org.uk



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Kindly sponsored by local businesses: Antonio's (see story page 3) and Exmouth Indoor Market (page 4)

Gold badge for Brian, our fundraising speaker

55 years following his rescue by Torbay lifeboat, Exmouth Lifeboat Fundraising Team volunteer Speaker, Brian Cole is set to receive an award for his dedication to the Institution. A Gold Badge will be presented to Brian at the national AGM at London's Barbican, on 21 May.

Within months of his accident, Brian began his volunteer career with the charity that saves lives at sea.

In June 1996, Brian married Beryl who rapidly shared his enthusiasm in fundraising for the charity that saves lives at sea. Beryl became Assistant Secretary and more recently, Secretary for the Exmouth Lifeboat Fundraising Team Committee. Together the couple visit community groups – Brian to speak about the work of the station's volunteers and Beryl to sell souvenirs. Beryl on her own merits has been awarded both a bronze and silver badge for her commitment to the charity. Brian says:

'I will feel most proud and honoured to accept this award on behalf of myself and all other volunteers representing Exmouth Lifeboat. I owe my life to the bravery and dedication of crew volunteers. For that reason, I decided to spend as much of my spare time fundraising on behalf of the Institution, as an expression of gratitude.'



Brian and Beryl Cole by Nigel Millard.

The Royal National Lifeboat Institution is a charity registered in England and Wales (209603)

Annual General Meeting Monday 18 May 2015

7pm for a 7.30pm start

At the Exe Sailing Club,
Shelly Road, Exmouth EX8 1EG

Members of the public are most welcome to come and hear our fundraising reviews of the year.

Club bar will be open during the evening

A message from the Coxswain....

'Welcome to the summer edition of our fundraising newsletter.

In 2014, we were the third busiest RNLI station in Devon and the 15th busiest in the whole of the Institution. We launched 83 times on service, saving three lives and assisting 64 people – including four children.

Since we are a charity, we wouldn't be able to do all this without your donations and legacies. Our crew volunteers' continual competence based training, our high-performance kit and our state-of-the-art boathouse, lifeboats and launching systems are all funded by you, our supporters. We are extremely grateful for our teams of fundraisers and shop volunteers to generate the funds to help us save lives at sea. You can read more about their work in this edition, along with many of their individual achievements.

We are returning to fortnightly exercises this year, on Wednesdays at 6pm. Our Shannon class lifeboat R and J Welburn launches at around 6.20pm and lands on the beach soon after 8pm.

A list of dates are listed under the Events section on our new website, which has been launched in time for our busy season in Lyme Bay.

**Steve Hockings-Thompson,
Exmouth RNLI Coxswain**





Seven year old Katie Burke has designed a new flavour of Italian ice cream (gelato) which is on sale at Antonio's in the Strand to raise money to save lives at sea. Katie was announced the winner on 23 March at the café with all five finalists.

This is the second year running that Antonio's have asked local school children to design a special flavour to help raise money for the lifesaving charity. This year the competition was open to Exeter Road Community Primary School and The Beacon Church of England Primary School pupils. The competition attracted around 120 entries, which cover the wall of the café.

'Katie's Strawberry Shortcake' was short-listed with four other entries and was chosen as the winner by owner, Tony Badcott. Tony explains;

'I chose Katie's flavour as it uses two classic flavours: strawberry and shortcake. It's a really simple, imaginative flavour which will ultimately raise a lot of money for Exmouth RNLI. Last year's winner, 'Darcy's Doughnut Delight' helped raise £350 and was consistently in our top five popular flavours throughout the year.'

Antonio's are kindly helping with printing costs of this edition of our newsletter.

'We never give your information to other organisations for marketing purposes. Your details will be used by the RNLI and passed to RNLI trading companies. We would only give your data to another organisation if required to so by law. If you do not want to receive information about other ways to support the RNLI, please contact us.'

See our new website: www.exmouthlifeboat.org.uk, launching in time for the busy summer season. It was designed and built free of charge by local company, Websites and More and features links to our social media channels. You may have noticed we've dropped the hyphen from the address, but the old one will still work. A PDF copy of our newsletters will be posted on the site for you to read and email.

We'll be listing our scheduled lifeboat exercises, fundraising and outside events we taking part in.

All-weather lifeboat crew kit costs (2014 figures)



Helmet	£198	Wellies	£42
Jacket	£305	Gloves	£10
Lifejacket	£368	Thermal top	£52
Trousers	£220	Pager	£150
+ Crew training £1,404 per volunteer per year.			

'We depend solely on donations and legacies to equip our crew for the most extreme conditions.'

83p in every £1 contributes to save lives at sea.

In addition to our Visitor Experience Centre, we also conduct informative visits to our lifeboat station by appointment only. You can download the visit request form through the 'visits' link on our new website:

www.exmouthlifeboat.org.uk



Long-service certificates were awarded to six shop volunteers at the end of 2014. Congratulations to:

Margaret Griffin (20 yrs), Anne Midgley (20 yrs), Jill Carter (20 yrs), Barbara Davies (10 yrs), Nancy Thompson (20 yrs) & Margaret Eaglesham (10 yrs).



On 1 April, Margaret Eaglesham stepped down as Shop Manager and a new management team: volunteers, Linda Cawsey (left) and Pat Atkinson (centre) were handed the keys to the Visitor Experience Centre. Linda will look after the stock and merchandising and Pat, the administration side.

Our visitor experience centre comprising a souvenir shop and a viewing gallery on the first floor, is currently being transformed gradually. It's open every day and the summer hours are 10am-5pm, depending on volunteer availability.

There is a lift to the viewing gallery for those who need assistance. You can see our Shannon class lifeboat with its launching system through the gallery window and soon we shall have electronic information points to learn more about saving lives at sea.

If you would like to become a shop volunteer, please call in and leave your details for Pat Atkinson, or email: rnllexportshop@gmail.com.

We have morning (10am-1.30pm) and afternoon (1.30-5pm) shifts available and it doesn't have to be a weekly commitment – it can be more flexible.

Future events for your diary:

- 18 May** AGM: 7.00pm Exe Sailing Club
 - 12 July** Sea Sunday: 3pm Lifeboat station
 - 18 July** Exmouth Flag Day
 - 15 August** Budleigh Salterton Flag Day
 - 22 August** Station Open Day 10-4pm
 - 6 Sept** Mini Rally: Lifeboat station 1pm+
 - 21 November** Budleigh Coffee Morning 9-12pm
 - 12 December** Carol Service: 4pm
- Holy Trinity Church, Rolle Street.**

We are seeking a volunteer to help co-ordinate our two events in Budleigh Salterton each year. Please contact Beryl Cole on 01395 274328 for details.



Our volunteers are preparing for a busy season of outside events in the Exmouth area. Outside Events Co-ordinator, Emma Chandler is working hard to increase our presence at fairs & shows. If you would be interested in helping for an hour or two, usually weekends, please contact Emma by email: rnlievents@outlook.com.

This summer, we have stalls at:

16 May (11am-6pm) 17 May (11am-6pm)

Scrumstock, Exmouth Rugby Ground

Tickets on sale at our shop or organiser's website - see www.scrumpstock.so.uk for more details.

23 May (10am-5pm)

Exmouth Traditional Day, The Strand,

This event is part of the 2015 Exmouth Festival.

23 May (2-4pm)

Gala on the Green, Budleigh Salterton.

This is part of Budleigh Salterton Gala Week Fete.

27 June (10am-5pm)

Armed Forces Day, The Strand.

4 July (2-6pm)

Jean Carpenter's Open Garden. £1.50. tea/coffee

5 Beeches Close, Woodbury EX5 1JN.

18 July (10am-5pm)

Transplant Awareness Day, The Strand.



Thank you to Exmouth Indoor Market for helping with printing costs for this edition.

'The Market has 50 stalls offering a wide selection of goods from fresh local produce to a wide range of gift ideas at traditional market prices.'

12 The Strand, Exmouth EX8 1AB

2015 RNLI Lifeguard season dates are:

- main season 23rd May to 6th September

- peak season 4th July to 6th September

RNLI Lifeguards will also be delivering beach safety talks and Hit the Surf sessions to local school children on Exmouth beach this summer.



RNLI Lifeguard Supervisor, Julian Smart says;

'During the main season, we have three lifeguards with an ATV (quad bike) and rescue water craft (jet ski). During peak season there are four lifeguards plus both vehicles. There is a rescue tube for each guard and three rescue boards. Each lifeguard has their own personal first aid kit as well as the tower responder bag. Guards come from the local area with the local surf lifesaving clubs from Exmouth, Dawlish and Teignmouth providing a good percentage.' Please see www.rnli.org.uk/beachsafety for details on how to stay safe on our beaches or speak to an RNLI Lifeguard on duty for advice.

Follow us: www.exmouth-lifeboat.org.uk
Fundraising Secretary, Beryl Cole: **01395 274328**
LPO/Newsletter Editor, Emma Tarling: **07837 810082**
Thank you to Mike Powell for additional photos.

During the first few months of the year, we have discovered that in a large proportion of shouts we were called to, casualties had neglected lifejackets to take to the water. Exmouth RNLI's Coastal Safety Officer, Peter Williams comments:

'We take seat belts in road vehicles for granted now - it's the law and for most of us wearing a seatbelt is now instinctive and it provides a measure of security and safety we probably don't plan on using when we set out on our journey.'

Going afloat in whatever type of watercraft for pleasure is in a way the same. We don't plan on getting into difficulties afloat when we leave, however RNLI statistics based on launches and rescues in recent years show that over 50% of "shouts" are to assist private boat owners and water users. These might be yachts, motor boats, kayaks, canoes wind and kite surfers.

The RNLI is ready to launch anytime 24/7 in all weathers to assist both crew and vessels in difficulties.

'Problems are wide ranging - fuel and engine problems, deteriorating weather conditions, crew illness, fatigue or loss, component failure or breakage, disorientation/loss of position, sinking and overturning to name just a few.'

Whatever type of water sports you are planning, please consider the RNLI Top Tips:

1. Wear a lifejacket/personal flotation device.
2. Check on weather and tides.
3. Ensure your vessel is properly prepared – fuel, resources, safety equipment, crew capability
4. Carry a means of calling for help – flares. VHF radio or Personal Locator Beacon PLB
5. Leave details ashore – let others know where you are going and when you expect to be back.
6. Training – knowledge of activity is essential

See www.completeguide.rnli.org.uk for more advice on keeping safe in the water and what to do in an emergency. RNLI Coastal Safety teams are available to offer free, impartial advice and guidance to assist boat owners in preparing and equipping their vessels and crew.

The team will be at our Open Day on 22 August, why not come and speak to us?

This newsletter has been printed by a local business, www.one-media.co.uk. We are a charity and have sourced sponsorship to help us spread our news. Please contact Emma (left) if you would like to sponsor a future edition which is distributed around Exmouth.